## RUN TO WIN ZOOM CHAPEL 10/10/2024 "RELENTLESS CONSISTENCY" ~ Philippians 4:13

To build success in sports and in life, it takes Relentless Consistency! To be relentless is to be unyielding, persistent, and unrelenting. Someone who is determined, continues in a vigorous or severe matter without pause interruption or mercy. Consistency is the achievement of a level of performance that does not vary greatly in quality over time. Combined they lead to amazing results. Let's look a little closer at Relentless Consistency.

#### 1. OUR RELENTLESS CONSISTENCY CAUSES US TO ATTACK ADVERSITY

Bring it on! That should be our attitude towards attacking adversity. James 1:2 says, "*Consider it pure JOY, whenever you face trials*..." Adversity builds our grit, toughness, perseverance, and confidence! When we attack adversity, we define it as a character builder. "95% of people will give up when things get hard. The 5% who keep pushing, they are the ones who succeed. Be the 5%!!"

#### 2. OUR RELENTLESS CONSISTENCY LEADS US TO BE FULLY FOCUSED

Our focus needs to be laser like, intentional, and consistent. It needs to be evident in all aspects of our life. Hebrews 12:1-2 states, "Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles. And let us run with perseverance the race marked out for us, fixing our eyes on Jesus, the pioneer and perfecter of faith. For the joy set before him he endured the cross, scorning its shame, and sat down at the right hand of the throne of God."

#### 3. OUR RELENTLESS CONSISTENCY MOTIVATES US TO PREPARE FOR GREATNESS

"Make each day your masterpiece. Success comes from knowing that you did your best to become the best that you are capable of becoming." – Coach John Wooden, UCLA 2 Corinthians 4:7 says, "But we have this treasure in clay vessels, that the exceeding greatness of the power may be of God, and not from ourselves." Be great for God! We must maximize our preparation to be great!

### 4. OUR RELENTLESS CONSISTENCY FOCUSES US ON TEAM AND THE LORD!

When we put others and the Lord above ourselves, we become servant warriors who honor those around us and the Lord. Matthew 20:28 says, "*The Son of man did not come to be served, but to serve and give His life as a ransom to others.*"

"I kind of got back into my faith more, always giving glory to God. Jesus died on the cross for us; anything is possible with Him." Jayden Daniels, QB Commanders, 2023 Heisman Trophy Winner

# 5. OUR RELENTLESS CONSISTENCY EQUIPS US TO BATTLE TO THE END AND FINISH STRONG

Life can be tough. We can face many challenges and battles. Things will heat up in life and in competition! That is where our relentless consistency comes in because it equips us to stand firm. When the dust settles, we are left standing! Paul at the end of his life wrote in 2 Timothy 4:7, *"I have fought the good fight, I have finished the course, I have kept the faith."* It's been said that a man's last words are often his main concern. This is what Paul focused on! FIGHT FINISH, FAITH!

Let's find extraordinary JOY in competing with Relentless Consistency!